

## Guides in English of Hispanic issues

- **Building Cultural Competency:** A youth leader's guide

**Quantity: 1**

**Chapters:**

- 1- Cultural components
- 2- Self-assessment
- 3- The young people in your group
- 4- Cultural background for HIV/AIDS prevention
- 5- Working with youth
- 6- Presenting multicultural programs

By: Advocates for Youth

- **Growing up and learning to feel good about yourself:** An educator's bilingual guide to teaching puberty

**Quantity: 1**

**Table of Contents:**

- 1- Introducing growing up and learning to feel good about yourself
- 2- Feeling good about teaching
- 3- Growing up and learning to feel good about yourself – The Curriculum
- 4- Growing up and learning to feel good about protecting yourself
- 5- Learning more about growing up and learning to feel good about yourself
- 6- Worksheets and student handouts

By: Barbara Petrich-Kelly and Kriste Rohm

- **The menstrual cycle and its relation to contraceptive methods:** A reference for reproductive health trainers

**Quantity: 1**

**Table of Contents:**

**Part 1: The menstrual cycle**

- A. Definition of the menstrual cycle
- B. Primary organs involve in the menstrual cycle
- C. Effects of hormones on the menstrual cycle
- D. The three phases of the menstrual cycle
- E. Effects of pregnancy on the menstruation cycle
- F. Effects of abortion ( spontaneous/induced on the menstrual cycle

**Part 2: How contraceptive methods interrelate with the menstrual cycle**

- A. Fertility awareness method
- B. Lactational amenorrhea method (LAM)
- C. Progestin-only contraceptives
- D. Combined contraceptives

- E. Intrauterine contraceptive device (IUD)
- F. Voluntary surgical contraception
- G. Barrier contraceptive methods and spermicide
- H. Emergency contraceptive pills (ECPs)

**Part 3: Applying knowledge of the menstrual cycle to management of family planning client concerns and requests**

- a. Method initiation
- b. Method switching
- c. Bleeding/spotting
- d. Amenorrhea
- e. Forgotten pills or missed re-injection visit

By: Grace Mtawali, Manuel Pino

- **Reducing Hispanic teenage pregnancy and family poverty**

**Quantity: 1**

**Table of Contents:**

**Chapter 1:**

- 1- The Hispanic population in the United States
- 2- Adolescent pregnancy and parenting in the Hispanic community
- 3- The National Council of La Raza and the adolescent pregnancy prevention network
- 4- The NCLR/CDF teen pregnancy prevention replication

**Chapter 2:**

- 1- Decisions para jóvenes/decisions for youth
- 2- Via de amistad
- 3- Wetside teenage pregnancy program

**Chapter 3:**

- 1- Four important factors before getting started
- 2- Characteristics of effective teenage prevention and parenting programs
- 3- Twelve steps toward developing and adolescent pregnancy prevention or parenting program

**Chapter 4:**

- 1- National organizations
- 2- Sexuality and family life education: Curricula resources

Prepared by: Sonia Perez and Luis Duany

- **Reproductive health care for America's diverse teen population:** A guide for service providers

**Quantity: 3**

**Table of Contents:**

- 1- Introduction
- 2- Management and administration
- 3- Staff responsibilities and training
- 4- Patient education, clinical services, and community outreach
- 5- Reproductive health policy and financing

By: Trends Child

- **Structural family therapy:** A family strengthening approach for counselors

**Quantity: 1**

**Table of Contents:**

1. Introduction
  2. Helping families
  3. Diversity of families
  4. Basic concepts of structural family therapy
  5. Understanding families
  6. Preparing the terrain
- Orchestrating change

By: National Coalition of Hispanic and Human Services Organizations